



Little Champ Camp

Parents Handbook

Summer 2022

Welcome to Little Champ Camp

Little Champ Camp would like to extend a very warm welcome to you and your family. During camp, your child will benefit from our low camper/leader ratio which allows us to supervise and interact with the campers very efficiently, creating a more intimate and special connection. It is our goal that your child not only enjoys their stay at Little Champ Camp but also learns new skills to develop a champion mindset.

Camp Mission

We believe in providing a positive environment, encouraging all campers to learn and develop physical literacy skills, build self-confidence and self-worth, and be the absolute best camper they can be. We follow our CHAMPION philosophy in all programming, ensuring we provide the best support in the camper learning a champion mindset.

C – Courage to be you

H – Honor in what you do and how you treat others

A – Attitude; developing and maintaining a positive mindset

M – Motivating yourself to be the best you can be

P – Persevering in all goals set out

I – Integrity in all that you do

O – Optimism in all circumstances, focusing on the good

N – Never giving up

Dare to be a champion!

What's Inside?

Covid-19 Pre-Screening

Covid-19 Safety

What to Bring to Camp

Swimming

Allergies and Food

Behaviour Policy

Emergency and Illness

Safety

Rainy Day Policy

Outdoor Policy

Safe Arrival and Dismissal

Covid-19 Prescreening

All campers and staff will be required to participate in active screening using our pre-screening form before entering the camp. This can be completed 3 days prior to your campers start date and will be sent via email. If this form is not sent prior, we will ask you to complete a verbal pre-screening when arrived.

Covid-19 Screening on Site

Please go to the Screening Area (sign) to start the Screening Process. Your camper will need to be screened at drop off every morning.

All campers and staff will be required to participate in active screening using either the pre-screening form or verbally before entering the camp.

All campers and staff are required to receive a temperature check and hand sanitize when entering the camp.

Any campers and staff who do not meet the screening requirements will not be permitted to enter the facility.

What to Bring to Camp

Adventure Program: Please bring closed toed shoes, sunscreen, hat, towel, swimsuit, extra pair of clothes (shorts, shirt), plastic bag, lunch, snacks, and a full water bottle.

Sports Program: Please bring closed toed shoes (preferably running shoes), sunscreen, hat, towel, swimsuit, extra pair of clothes (shorts, shirt), plastic bag, lunch, snacks, and a full water bottle.

Please label all items with campers first and last name to ensure nothing is misplaced

Swimming

If chosen, all programming involves a portion of swim throughout the daily schedule. Family change rooms will be used for campers to independently change in single stalls.

All campers are supervised by trained Lifeguards as well as our CPR and First Aid Trained Camp leaders. Deep end tests will be conducted each week. Regular swim admission standards will apply.

All Campers will be required to bring:

- A towel
- A plastic bag
- A bathing suit/bathing shorts : all campers must have the ability to change themselves
- Goggles if needed
- Sunscreen - all campers are required to apply sunscreen themselves
- Life jackets are provided in a variety of sizes by the City of Mississauga

Allergies & Food

We are a PEANUT FREE environment. All peanuts found in snacks will be removed from the site immediately. All campers are required to bring a lunch, snacks, and full water bottle everyday.

Allergies

Please see the Allergies Form and fill in. Any camper whom has an EpiPen is required to fill in the Allergies Form and create an Action Plan with the Camp Leader and Camp Director.

Behaviour Policy

At Little Champ Camp we pride ourselves in developing a champion attitude. This means being a leader by using respectful mannerisms, nice language and actions, sharing, and doing more for others than yourself.

These are the requirements we ask all campers to follow:

- Using please and thank you
- Taking turns and/or sharing with one another
- Speaking nicely to others and in a positive tone
- Practicing communicating emotions appropriately
- Respecting our Camp Leaders and Supervisor

We do not condone:

- Any form of bullying
- Physical violence or inappropriate touching
- Verbal aggression
- Swearing
- Not listening to Camp Leaders
- Inappropriate showing of body parts/ or discussion

We have rules that are enforced to ensure all campers/camp leaders are treated with the respect and dignity they deserve. Our number one priority is safe fun. If there are incidents or accidents, we follow a strict policy where they will be written up in an Accident / Incident Report. Parents will be contacted if needed. We have the right to expel any camper or **parent of camper due to inappropriate behaviour.**



Safe Arrival and Dismissal

Parents/guardians are required to pick up children within the allocated Camp Hours: 9:00 am to 4:00 pm, unless extended hours are purchased. Unless your child is registered for extended hours please arrive no earlier than 9:00 am as team members need time to set up equipment for a fun and active day at camp. To ensure the safety of all children in our programs, parents/guardians are required to physically escort their child to the program drop off location each day.

Arrival

Steps to be taken for Arrival:

- Parents will line up with the Camp Supervisor.
- The Camp Supervisor will temperature check (on wrist of camper) and verbally/visually covid-19 pre-screen. Once passed, the camper will provide their name and the Camp Supervisor will tell them the tent they will go to.
- The parent and camper will walk to the coloured tent assigned and bring all of their items.
- Camp Leaders will introduce them self, ask for their camper's name to sign in.
- Campers will put down their bags and join the activity. Parents can say their goodbyes at this time.

IF your think your camper will have a harder time to say goodbye to you, please bring an item from home (such as a small stuffy) that may bring them comfort. We have trained our team for this situation and will try to help as best as we can to make everyone comfortable.

Dismissal

Children will only be released to those individuals listed on the Camper Information Form who provide photo identification. Children under 10 years of age are not permitted to leave unescorted. Children

10 years and older may leave unescorted only if written consent from a parent or legal guardian is provided.

Steps to be taken for Dismissal:

- Parents will pick up campers at the tent assigned for their child.
- Parents will be asked for their ID on the first day of the week.
- Campers will be signed out at this time and you are able to receive an update on your campers day.

Washrooms

All locations - Campers have the option to use the Pool Washroom within the family change room. This is an individual stall with a sink. OR campers can use our portable washrooms that are only used by campers and our team members.

Policies we have in place for the washroom:

- Only one person at a time using the washroom.
- The portable washrooms are sprayed down after each use.
- Smaller campers will have the ability to use the portable toilet seat and stepping stool.
- The portable washroom will be locked before the end of camp every day.
- Campers must use hand sanitizer after the washroom.
- Only campers and team members can use the portable washrooms.
- Campers are never allowed to go to the washroom by themselves. Camp Leaders and one other camper will at least will always be with them.

Policy for Washroom Accidents:

- The camper will be asked to collect their change of clothes.
- The Camp Leader (and another camper) will take them to the washroom and have them change out of their clothes. If they do

not have extra clothes, we will use their swimsuit for the time being.

- Parents will be informed and asked for a change of clothes for them to bring (if need be).
- Soiled clothing will be put into a plastic bag and back into the campers backpack.
- Have your campers join the group afterwards.

We will have baby wipes on hand if it is a younger camper.

Outdoor Policy

- Little Champ Camp is an outdoor based program. To ensure every child can fully participate in all outdoor activities, campers must bring suitable clothing for all types of weather. This includes sunscreen, hat, and water bottle. Please encourage all campers to wear a hat when participating in outdoor activities.
- Due to the nature of sunscreen allergies, LCC team members will not provide or apply sunscreen. Campers will be reminded by camp leaders to put sunscreen on prior to an activity outside. Please pack water proof sunscreen (SPF 30+).
- It is important that campers understand the importance of sunscreen and know how to apply it before camp. It would be helpful for parents to apply sunscreen in the morning before the camper arrives at Little Champ Camp.
- Pool rules are discussed on the first day of camp. Children will be swimming at our outdoor community pools. Children who wish to swim in the deep end have to do a test approved by the lifeguards.
- Campers will take regular water breaks throughout the day to ensure they are hydrated. Please ensure they bring a water bottle and extra bottles on humid days.

Extended AM/ PM

Extended AM is from 7:30 am to 9:00 am. You will expect to see the following:

- One tent and one Camp Leader. We set up and take down our equipment everyday.
- There will be activities out for campers to do during.
- You will follow the same procedure for sign in with covid pre-screening.
- Majority of our team members come at 8:30 am with the remaining equipment to set up for the start of regular hours.

Extended Pm is from 4:00 pm to 6:00 pm. You will expect to see the following:

- One tent and one Camp Leader. We set up and take down our equipment everyday.
- There will be activities out for campers to do during.
- You will follow the same procedure for sign out procedures.

Change-rooms

All locations - Campers will change in the family change-room independently. This is a room with 6 minimum independent and private stalls.

Policies we have in place for the change-room:

- Only one person at a time using it.
- Campers are encouraged to use the change-room independently
- If a camper is struggling, let the supervisor know

- Supervisors will call parents and ask for permission to assist

Phone Numbers per site

Westacres: (647) 794-5137

Clarkson: (647) 795-3906

Erindale: (647) 795-3209

These numbers will be accessible from 7:30 am until the last camper has left at that location. If there is a situation that needs immediate or further discussion please call the Camp Director Alexis at (647)957-2455.

Emergency and Illness

If it is necessary for you to contact your child due to an emergency, please call the Little Champ Camp number and we will assist to make whatever arrangements are necessary. If your child becomes ill at the program the parent/guardian will be notified immediately. If the parent/guardian is not available, the emergency contact will be contacted. Arrangements must be made for the child to be picked up if required.

Safety

Safety is our number one priority. All our team members are certified in Emergency First Aid and must attend a comprehensive training session prior to the start of the program. It is very important that all participants understand the rules and expectations regarding safety and behaviour established for the program. Program Team members

will discuss these rules and expectations with the participants on the first day of the week's program and remind when needed.

Inclement Weather

We will be using the inclement weather facility for days that are raining in FULL or over 35 degree weather.

The following steps will be taken on Inclement Weather days:

1. The Camp Director will decide it will be an inclement weather day at 6:30 am in the morning of the day.
2. An email blast will be sent to all parents informing them they will be dropping at their inclement weather facility at 6:30 am. Please ensure our email address: littlechampcamp@gmail.com is not going to your junk mail.
3. We will put a notice about inclement weather on our website: littlechampcamp.com as a top banner as well as on our facebook page.
4. If you have any questions during this time, please call (647)957-2455.

Westacres Inclement Weather Address:

2067 Stanfield Rd, Mississauga, ON L4Y 1R4



Entrance: Front door of Church. The church is Applewood United Church.

Sign In: Please sign in at the front door with the Camp Supervisor.

Masks: Required by the church. We will have masks available at the front door.

Day location: We will be in the gym.

Pick Up: Pick up will be at the church at the front door.

Clarkson Inclement Weather Address:

1575 Clarkson Rd N, Mississauga, ON L5J 2X1

Entrance: Front door closest to Clarkson Rd. This is Can Dance Academy.

Sign In: Please sign in at the front door with the Camp Supervisor.

Masks: Not mandatory.

Day location: We will be in the dance studio.

Pick Up: Pick up will be at the side door where you dropped off.



Erindale Inclement Weather Address:

3413 Wolfedale Rd, Mississauga, ON L5C 1V8

Entrance: Front door of Sylvain Tutoring Academy.

Sign In: Please sign in at the front door with the Camp Supervisor.

Masks: Not mandatory

Day location: We will be in the rooms.

Pick Up: Pick up will be at the front door.